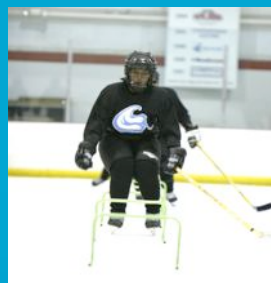


# 2011 SUMMER PROGRAM!



Wendy Marco's summer training is notoriously demanding, creative, and effective. In its 18<sup>th</sup> year, with uncompromised student success, it can only accurately be described as

## legendary

### Create Your Summer Hockey Training Experience

**SKATING:** Players skate weekly for 60 straight minutes in level specific target groups. Sessions are full speed, technically and physically challenging, with unique training equipment, and upbeat music in the background.

★ **NEW this year...**

**PUCK SKILLS:** Add-on a weekly hockey skills session to focus on shooting, passing, stick handling, and more!

You choose:

- Just skating or skating and skills
- 5 or 10 sessions of each (mix and match)
- You choose the weeks that work for you!

**\*Warning: Only self-motivated players. No exceptions.**

**Mike Ansell**



**Wendy Marco**



## 2011 SCHEDULE

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>SKATING</b>	6-7AM	'01,'02 travel and select, '03 travel (Kettler)	'01, '02 AA/AAA travel (AIH)	'01, '02, '03, '04 house and select S&S, 80-min! (AIH)	'95,'96,'97,'98 travel and High School (AIH)	X
	7-8 AM	'99,'00 travel and '01 AA/AAA travel (Kettler)	'97,'98,'99,'00 travel & select (AIH)		'99, '00 AA/AAA travel (AIH)	X
	8-9 AM	'95,'96,'97,98 travel & 99 AAA by invite (Kettler)	'97 & '98 AA/AAA travel (AIH)	'01, '02, '03 travel. S&S, 80-min! (AIH)	Junior, ACHA U18AA, Varsity Prep, Midget AA/AAA (AIH)	X
<b>SKILLS</b>	6-7 AM	ELITE, Juniors, Midget AAA, Adults, & youth house Small level specific groups, 45-min, scheduled between 6-9 AM (AIH)	X	★ <b>S&amp;S</b> JUST for mites and squirts! Skating and Skills combined!!! (See above) (AIH)	Small level specific groups, 45-min each, scheduled between 6-9 AM. (Kettler)	'01,'02 AA/AAA travel (AIH)
	7-8 AM		X			'99,'00 Travel (AIH)
	8-9 M		X			'95, '96, '97, '98 Travel (AIH)

Each class meets 10 times. June 20-August 26

More information and registration: [www.ColdRushHockey.com](http://www.ColdRushHockey.com)